

# Amino Acid Content in Organic Soybean Meal for the Formulation of Organic Poultry Feed

Claudia Dunkley, Justin Fowler, and Samuel E. Aggrey  
Department of Poultry Science



Over the past several years, organic poultry production has been rapidly expanding (Rogenburg *et al.*, 2008). This alternative to conventionally produced poultry meets consumers' expectations for healthier animal protein sources (ATTRA, 2010). According to standards set by the U.S. Department of Agriculture (USDA) National Organic Program, to be certified "organic poultry," birds must be raised with outdoor access, fed certified organic feed, and should not be fed with feed containing antibiotics, animal byproducts, drugs, or synthetic parasiticides (USDA, 2012).

A total of 20 amino acids are the building blocks of proteins and are derived from plant and animal feedstuffs (Reid *et al.*, 2006). Some amino acids, called "essential amino acids" (EAA), cannot be synthesized by the chicken and must be supplied in the diet (Reid *et al.*, 2006). When the dietary protein has less of an EAA relative to the animal's requirement for that EAA, it's referred to as a "limiting amino acid." Protein synthesis becomes limited by the first limiting amino acid; the limiting EAA will then impair the utilization of all the other amino acids. Methionine (MET) is the first limiting amino acid for poultry when they are fed diets formulated from the most commonly used feed ingredients (Chalova *et al.*, 2015). It is involved in the synthesis of proteins and can be found in many body parts (ATTRA, 2010). As methionine is an EAA that cannot be synthesized by the body, the quantity needed for protein synthesis must be provided in the diet. It is also possible to manufacture MET as a pure amino acid.

Synthetic MET was allowed in organic poultry feed because of its importance in avian physiology and the limited availability of organic protein that is rich in MET (USDA, 2012). There is a limit on the period that synthetic MET can be used in organic poultry feed. Companies in the U.S. that grow organic birds are concerned that fast-growing birds with reduced MET levels will perform poorly and will also have welfare issues such as impaired immune function, which can result in poor feathering, feather pecking, cannibalism, and eventually, mortality (ATTRA, 2010). To avoid the inclusion of synthetic MET in animal feed, high-MET corn varieties that contain up to 50% higher levels of methionine have been developed (Phillips *et al.*, 2008). While it has been shown to be a suitable replacement for conventional corn, the Methionine Task Force (2008) concluded that the lower yields and higher cost of the high-MET corn would deter its widespread use.

Methionine and cysteine (CYS) are referred to as the "sulphur amino acids" (SAA) and they are involved in complex metabolic processes. While CYS is not an essential amino acid because it can be formed from MET, its synthesis is not enough to meet the body's requirement when a diet is deficient in MET (ATTRA, 2010). While corn does contain a sufficient amount of SAA relative to a chicken's requirements, it is deficient in the EAA arginine (ARG) and lysine (LYS). Soybean meal has an excess of those amino acids, so the two together make a balanced protein source when blended. However, soybean meal has less SAA than what a chicken requires, and while the ARG and LYS needs are met, a corn-soybean meal blend remains deficient in SAA.

Essential amino acids do not just need to be present in the diet; amino acid availability is an important measure of protein quality. Availability is a measure of how much of what is in the feed the animal is able to digest and absorb. The formulation of diets based on EAA availability can help to decrease feed cost and reduce excess nutrients being excreted into the environment. Determining the availability of amino acids in organic ingredients is critical for formulating suitable organic poultry diets. A study was conducted where a number of organic feed ingredients were evaluated and compared to nonorganic feed ingredients for the formulation of organic feeds for organic poultry production. Table 1 provides a comparison of EAA in conventional soybean meal (CSBM) with those in organic soybean meal (OSBM).

Soybeans are used as the predominant source of amino acids in poultry diets (Gandhi *et al.*, 2008). Soybean meal has a high protein content as well as highly digestible amino acids which make it a useful supplement in monogastric diets (Meng and Slominski, 2005; Gandhi *et al.*, 2008). The amino acid in an ingredient is expressed as its average percentage in the total ingredient, and the digestibility is expressed as the percentage of the total amount that is available through digestion.

Organic SBM has higher total amounts of CYS and MET and higher digestibility for CYS. This can help compensate for the inability to use synthetic MET in the diet.

The crude protein and individual amino acid content of organic soybean meal compares favorably with that of conventionally grown soybean meal (Table 1). The digestibility of the essential amino acids in the OSM is high and compares favorably with the conventional soybean meal. As seen in conventional poultry diets, organic poultry diets should be formulated with organically grown soybean meal, as the digestibility of the amino acids in organic soybean meal is similar or higher than in conventional poultry diets.

**Table 1. Essential amino acid content and digestibility of organic soybean meal and conventional soybean meal.**

Amino Acid	Digestibility (%)					
	Average Total Amino Acid Organic Soybean Meal	Average Total Amino Acid Conventional Soybean Meal	Average Organic Soybean Meal	Average Conventional Soybean Meal	Average Available AA Organic Soybean Meal	Average Available AA Conventional Soybean Meal
Arginine	3.21	3.38	92	92	2.96	2.53
Cysteine	0.69	0.66	82	79	0.56	0.53
Histidine	1.19	1.21	91	90	1.09	1.10
Isoleucine	2.20	2.11	90	87	1.98	1.90
Leucine	3.50	3.53	90	88	3.14	3.14
Lysine	2.97	2.81	91	89	2.71	2.50
Methionine	0.66	0.62	90	90	0.59	0.56
Phenylalanine	2.26	2.36	91	89	2.07	2.13
Threonine	1.70	1.80	86	83	1.47	1.58
Tryptophan	0.69	0.62	93	89	0.64	0.56
Valine	2.33	2.20	88	87	2.04	1.98
Crude Protein	46.3	46.5				

# References:

- Chalova, V.I., Kim, J., Patterson, P.H., Ricke, S.C., & Kim, W.K. (2016). Reduction of nitrogen excretion and emission in poultry: A review for organic poultry. *J. Environ. Sci. and Health*. Vol: 51, No. 4. 230-235.
- Chalova, V.I., Sirsat, S.A., O'Bryan, C.A., Crandall, P.G., & Ricke, S.C. (2009). Escherichia coli, an intestinal coli-based biosensor for quantification of amino acid bioavailability. *Sensors* 9:7038-7057
- Fanatico, A. (2010). Organic Poultry Production: Providing adequate methionine: National Sustainable Agriculture Information Service: Butte, MT. 20.
- Gandhi, A.P., Jha, K., & Gupta, V. (2008). Studies on the production of defatted sunflower meal with low polyphenol and phytate contents and its nutritional profile. *ASEAN Food J.* 15:174-183.
- Groff, J.L., & Gropper, S.S. (2000). Protein. In: J.L. Groff and S.S. Gropper (eds) *Advanced Nutrition and human metabolism*. 3rd edn. Wadsworth Publishing, Florence, KY. 162-219.
- Jacob, J.P., Levendoski, N., & Goldstein, W. (2008). Inclusion of high methionine corn in pullet diets. *J. Appl. Poult. Res.* 17:440-445.
- Meng, X., & Slominski, B.A. (2005). Nutritive values of corn, soybean meal, canola meal, and peas for broiler chickens as affected by a multi carbohydrase preparation of cell walldegrading enzymes. *Poult. Sci.* 84:1242-1251
- Methionine Task Force (2008). Transcripts of May 21 2009, National Organic Standards Board Meeting, Baltimore, MD. Retrieved from <http://www.ams.usda.gov>
- Nelson, D.L., & Cox, M.M. (2005). *Lehninger Principles of Biochemistry*, 4th ed. W.H. Freeman and Company, New York, NY.
- Phillips, R.L., Suresh, J., Olsen, M., & Krone, T. (2008). Registration of high methionine version of maize inbreds A632, B73, and Mo17. *J. Plant Reg.* 2:243-245.
- Razani, B., Woodman, S.E., & Lisanti, M.P. (2002). Caveolae: from cell biology to animal physiology. *Pharmacol. Rev.* 54:431-467.
- Reid, W.M., Pesti, G., Hargis, B., Moore, R., Vohra, P, Dean, W., & Hammarlund, M. (2006). *Raising healthy chickens*. 4th ed. Christian Veterinary Mission, Seattle, WA. 38-42.
- Rogenburg, T.B., Van Harn, J., van Krimpen, M.M., Ruis, M.A.W., Vermeij, I., & Spoolder, H.A.M. (2008). Comparison of three different diets for organic broiler: effects on performance and body condition. *Brit. Poult. Sci.* 49: 74-80.
- USDA (2012). 7 CFR Part 205. National Organic Program (NOP); Amendment to the National List of Allowed and Prohibited Substances (Livestock). Federal Register 2012. 77(182), 57985-57990.

*This research was sponsored by USDA Organic Transition Award 2014-51106-22093.*

**extension.uga.edu**

---

**Circular 1140**

**Reviewed June 2022**

---

Published by the University of Georgia in cooperation with Fort Valley State University, the U.S. Department of Agriculture, and counties of the state. For more information, contact your local UGA Cooperative Extension office. *The University of Georgia College of Agricultural and Environmental Sciences (working cooperatively with Fort Valley State University, the U.S. Department of Agriculture, and the counties of Georgia) offers its educational programs, assistance, and materials to all people without regard to race, color, religion, sex, national origin, disability, gender identity, sexual orientation or protected veteran status and is an Equal Opportunity, Affirmative Action organization.*